



What Medications Should I Stop Before Surgery?

Once you begin your liquid diet your routine medications may need to be adjusted.

****If you have diabetes, please let your physician managing your diabetes know that you will be on an 800 calorie a day liquid diet. Insulin schedule on an individual basis, Dr Carlton will discuss a plan that is right for you.**

1-month before surgery stop all:

- ▶ Birth control medications and hormones. These medications need to be stopped because of the potential for increased bleeding and or increased risk of blood clot
- ▶ Prednisone, steroids and immunosuppression medications

2- weeks before surgery stop all:

- ▶ Appetite suppressants
- ▶ Anti-inflammatory medications (Advil, Aleve, ibuprofen, Celebrex, Naprosyn, Meloxicam, etc.)
- ▶ Herbal medications

3-5 days before surgery stop all:

- ▶ Aspirin

2-days before surgery stop all:

- ▶ ACE inhibitors: (captopril (capoten), vasotec (enalapril), lotensin (benazepril) ,lisinopril (prinivil)
- ▶ ARB medications: (losartan (cozaar), valsartan (diovan HCT), Benicar (olmesartan), irbesartan (avapro)